Reporting your damage is essential to bringing critical relief funding to Vermont and the NEK



For Reporting Residential Damage:

Report to VT 211

Even if you plan to fix the damage yourself, please report any and all flood damage to 2-1-1. **Dial 2-1-1** or visit, **Vermont211.org**

Knowing the full picture of what is happening around the state also helps Vermont make a case for financial support from the federal government!

-AND-

Report to Crisis Cleanup

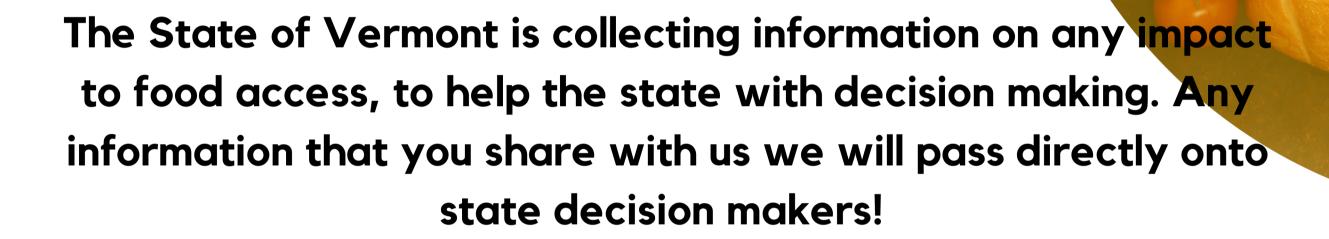
Crisis Cleanup can help with things like: mucking out, tree cutting, roof tarping, and mold remediation.

Call the Home Cleanup Hotline at 802-242-2054 or visit crisiscleanup.org

For Commercial Damage:

Even if you plan to fix the damage yourself, please report any and all flood damage to 2-1-1. **Dial 2-1-1** or visit, **Vermont211.org**

Reporting your Food Needs



Summer Meals Sites

 Meal service may be disrupted at some summer meals sites due to flooding. The best way to find out if there are changes in your area is to check with your local sites. Check your summer meal site's social media or call your site if you aren't sure. You can find contact information on Hunger Free VT's <u>summer meals site list</u>.

Replacement 3SquaresVT Benefits (Last Updated: 7/11/24, 5p EST):

If your food was damaged due to a power outage or natural disaster like the recent flooding on July 10, 2024, and you receive 3SquaresVT benefits, you may qualify to have some of those benefits restored. You can receive replacement benefits if you lost food because of situations like a flood, fire, loss of electricity (4 hours or more), or failure of equipment such as a refrigerator or freezer. Report the loss of food within 10 days of the incident by phone, in-person, or in writing.

Reporting your Food Needs



- Call the Benefits Service Center at 1-800-479-6151 (7-1-1 for relay services, 1-855-247-3092 for interpretation services).
- Visit or mail a report to your <u>local district office</u>.
- Complete, sign, and submit <u>page 1 of Form 271</u> and upload it to the Document Uploader

While not required initially, completing <u>page 1 of Form 271</u> when reporting the loss may help speed up the review process.

- Submitting a complete and signed Form 271 within ten days after reporting the loss is necessary. If the tenth day falls on a weekend or holiday, submit the form on the next workday.
- You can upload a complete and signed Form 271 to the Document Uploader, mail it in, or drop it off at a local district office.
- Note: ESD is relaxing the requirement to verify a loss if it's related to the flooding that took place 7/10/24, unless the request is questionable. You do NOT need to provide information of another person on Form 271 verifying the loss.
- To learn more, visit <u>vermontfoodhelp.com/get-help-quickly</u> or call 2-1-1 to get connected to a local organization who can support you in understanding 3SquaresVT replacement benefits.

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Staying Safe & Language Access

This is the Vermont Department of Health page with information in several languages about how to stay safe in a flood.

https://www.healthvermont.gov/emergency/public-health-preparedness/stay-safe-flood

Returning Home After a Flood

Floodwaters in and around your home can cause injuries and health problems. Do not return to your home until officials from your city or town say it is safe and the water has gone down.



Look Around Your Home

- Stay away from downed power lines, gas leaks or damaged fuel tanks.
- Do not enter your home if you see damage to the structure such as new cracks, roof problems or walls that have shifted.
- If you smell natural gas (like rotten eggs)
 or hear hissing leave the area
 immediately and call your local utility.



Turn off the power

- If there is standing water in your home and you can turn off the main power from a dry location, then go ahead and turn off the power.
- Call an electrician to turn it off. NEVER turn power on or off yourself or use an electric tool or appliance while standing in water.
- Never use a generator or any gasolinepowered engine inside your home, basement, or garage or less than 20 feet from any window, door, or vent.



Make sure water & food are safe

- Follow notices from your town or city on whether your water is safe to drink.
- If you get water from a well or spring, do not use the water until you have it tested. Use bottled water or boil water for at least one minute to use for drinking and cooking. If your water smells sweet or like fuel or chemicals, do not drink it.
- Throw away food that may have come in contact with flood or storm water and foods that have not been refrigerated properly.



Staying Safe & Language Access





Clean and Prevent Mold

- Wear protective clothing such as pants and long sleeves, waterproof work boots, rubber gloves, goggles, and an N95 respirator.
- Children, people with breathing problems and people with weakened immune systemshould not help clean up after a flood.
- Open all doors and windows including interior and attic access to allow air flow.
- If your home has been flooded and has been closed up for several days, assume your home has mold. To dry your home, use dehumidifiers and Guidance for Returning Home After a Flood English 2 fans, placed at a window or door to blow the air out rather than into your home to avoid spreading the mold.
- Have your home heating, ventilating, and air-conditioning (HVAC) system checked and cleaned by a professional who is experienced in mold cleanup before you turn it on to prevent spreading mold throughout the house.
- Clean moldy items that do not absorb water (like glass, plastic, marble, granite, ceramic tile, metal) with soap and water. Use a disinfectant if needed.
- Wash clothes and other fabrics. You may need to throw away materials that easily absorb water (like cushions, mattresses, drywall, carpet, insulation and ceiling tiles).

Language Access

This Youtube channel is for the Vermont Language Justice Project. Here you will find videos in several languages with information about how to stay safe in a flood, returning home after a flood, what happens to vegetables and fruits if they have been in touch with flooded water, etc.

https://www.youtube.com/@vermontlanguagejusticeproj/search? query=floods



Helping Each Other



Emergency Shelter or Food Needs:

• Call 211 or Visit Vermont211.org

Mental Health and Emotional Supports:

- Surviving a disaster takes an emotional toll. Please keep yourself and your loved ones well and please call the NKHS Mobile Crisis Team at 800-649-0118 or call 988 if you need immediate support.
- Call VT SOS to talk: 802-424-5368

For any additional Flood Related support or to help your neighbors in need (volunteer/donate) please reach out to KURRVE:

Kingdom United Resilience & Recovery Effort (802) 281-3198



